



NNSDP PRESENTS:

running for a **stronger healthier** navajo nation



20-29 MILES

per day.

“Come join us...
to celebrate the
Beautiful Lands
of Diné Bikeyah and
as we promote
Wellness & Health.”



Signature
NNVP on the Move!

Relay Run from Red Mesa to Window Rock – 150 miles through the Chuska Mountains back country, in collaboration with Office of the President & Vice President, Tour de Rez & Division of Natural Resources.

Run as an Individual, relay or part of a group

DAY 01

- **Four Corners Regional Health Center** (Red Mesa, Arizona)
- **Hanley's Residence** **22 MILES**

DAY 02

- **Hanley's Residence** (Sweetwater Chapter Area)
- **Cove Chapter House** **26 MILES**

DAY 03

- **Cove Chapter House** Red Valley
- **Roof Butte** **21 MILES**

DAY 04

- **Roof Butte** Prairie Dog Meadow
- **Toadlena Lake** **29 MILES**

DAY 05

- **Toadlena Lake** Berland Lake
- **Denetclaw's Camp** **20 MILES**

DAY 06

- **Denetclaw's Camp** Whiskey Lake
- **Tunnel Springs** **30 MILES**

DAY 07

- **Tunnel Springs** Fort Defiance
- **Window Rock** **10 MILES**

DAY 08

- **NN Tribal Council Chambers** **2 MILES**

NNSDP Contact by Service Area
Tuba City Service Area
Phone: 928-283-3058

Chinle Service Area
Phone: 928-674-2422

Crownpoint Service Area
Phone: 505-786-2372

Fort Defiance Service Area
Phone: 928-729-4490

Kayenta Service Area
Phone: 928-697-5670

Shiprock Service Area
Phone: 505-368-1382



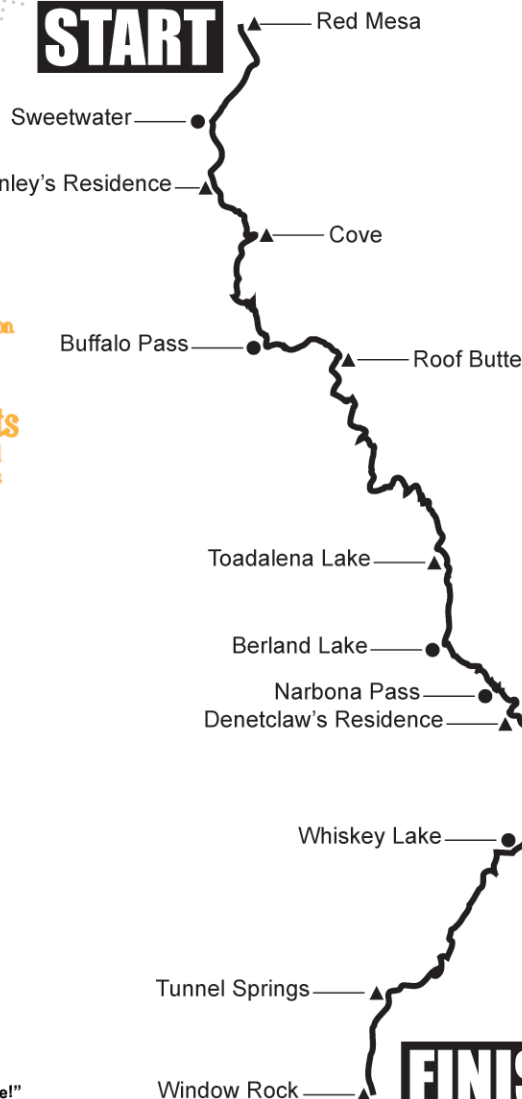
Navajo Rangers



*The Navajo Nation Special Diabetes Project is NOT responsible for any loss, due to accidents, theft, bodily injury, and including loss of property.

For more information on this event please contact
NNSDP - Central Office: 928-871-6532.
“The Ultimate Choice To Healthy Living Begins With Me!”

START



FINISH